foodhouse

2nd - 6th November 2026

Week...1....

Please be aware that items on this menu may change or be unavailable at certain times.

Chili Chicken Beef Pork Lamb Prawn Fish Crustacean Egg Dairy Gluten

Day / Food	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Break	Orange-flavored Wafer Biscuit	Chicken Ham & Cheese S/W	Chicken Pie with Tomato Sauce	Fresh Fruit	Egg Tart
Drink	Whole Milk	Whole Milk	Whole Milk	Yoghurt	Whole Milk
Main Dish 1	Spicy Minced Pork Salad	Stir-Fried Minced Chicken and Tofu in Mala Sauce	Pasta Aglio e Olio with Chicken	Buta Yakiniku	Honey Butter Chicken
Main Dish 2	Grilled Chicken	Deep-Fried Fish with Holy Basil Sauce	Pork Steak with Black Pepper	Garikku Bata Raisu and Yakitori	Tangsuyuk
Soup	Tom Kha Gai	Braised Cabbage with Mushroom	Mushroom Cream Soup	Tonjiru Soup	Sundubu Gyeran Guk Tofu and Egg Soup
Vegetarian	Stir-Fried Chinese Cabbage with Soy Protein	Stir-Fried Angled Gourd with Egg	Stir-Fried Morning Glory	Yasai Itame	Stir-Fried Cabbage with Mushrooms and Carrot
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Rice Vermicelli Soup with Shredded Chicken	Rolled Rice Noodles with Braised Pork and Fried Tofu	Tom Yum Noodle with Minced Pork	Miso Ramen	Bibim Guksu
Salad Bar	Thai-Style Salad	Chinese-Style Salad	Western Salad Bar	Japanese-Style Salad	Korean-Style Salad
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

foodhouse

9th – 13th November 2026

Week....2...

Please be aware that items on this menu may change or be unavailable at certain times.

Chili · Chicken · Beef · Pork · Lamb · Prawn · Fish · Crustacean · Egg · Dairy · Gluten

Day / Food	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Break	Cornflakes	Shredded Chicken S/W	Mini Croissant	Fresh Fruit	Strawberry Pie
Drink	Whole Milk	Whole Milk	Whole Milk	Yoghurt	Whole Milk
Main Dish 1	Deep-Fried Pork with Garlic	Stir-Fried Pork with Chili Paste	Pork Lasagna	Hamburg Steak	Rose Pasta with Chicken Sausage
Main Dish 2	Fried Egg with Minced Chicken and Tomato Sauce	Boiled Chicken in Fish Sauce with Spicy Dipping Sauce	Stir-Fried Chicken Breast with Champignon Mushrooms	Stir-Fried Chicken with Teriyaki Sauce	Pork Bulgogi
Soup	Creamy Tom Yum Pork Soup	Braised Pork with Chinese Herbs	Chicken Macaroni Soup	Seaweed Egg Drop Soup	Muguk
Vegetarian	Stir-Fried Bean Sprouts with Mushrooms and Tofu	Pad See Ew with Egg	Stir-Fried Tomato with Egg	Yakisoba	Stir-Fried Mixed Vegetables
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Chicken Kao Soi	Thai Glass Noodle Soup with Chicken	Minced Chicken Noodle Soup	Shoyu Ramen	Ramyeon
Salad Bar	Thai-Style Salad	Chinese-Style Salad	Western Salad Bar	Japanese-Style Salad	Korean-Style Salad
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

foodhouse

16th – 20th November 2026

Week.....3

Please be aware that items on this menu may change or be unavailable at certain times.

Chili · Chicken · Beef · Pork · Lamb · Prawn · Fish · Crustacean · Egg · Dairy · Gluten

Day / Food	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Break	Butter Cookies	Taro Bun	Chicken Ham Pizza Sauce S/W	Fresh Fruit	Ham Stick
Drink	Whole Milk	Whole Milk	Whole Milk	Yoghurt	Whole Milk
Main Dish 1	Chicken Biryani	Pork Leg Stew with Rice	Pork Steak with Gravy Sauce and Mashed Potatoes	Tori Katsu	Korean Spice Rubbed Chicken
Main Dish 2	Stir-Fried Pork with Ginger	Steamed Fish with Lime and Chilies	Chicken Ham Pesto Pasta	Scrambled Egg	Stir-Fried Sliced Pork with Shoyu
Soup	Thai Spicy Chicken Soup	Winter Melon Soup with Chicken	Corn Cream Soup	Japanese Curry	Eomuk Guk
Vegetarian	Spicy Fried Egg Salad	Bok Choy and Shiitake with Mushroom Sauce	Stir-Fried Mushroom with Garlic Butter	Stir-Fried Pumpkin with Basil	Japchae
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Thai Braised Chicken Noodle Soup with Bitter Gourd	Sukhothai Noodles with Minced Pork	Chicken Suki	Kitsune Ramen	Egg Noodles with Minced Pork
Salad Bar	Thai-Style Salad	Chinese-Style Salad	Western Salad Bar	Japanese-Style Salad	Korean-Style Salad
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

foodhouse

23rd – 27th November 2026

Week.....4.....

Please be aware that items on this menu may change or be unavailable at certain times.

Chili · Chicken · Beef · Pork · Lamb · Prawn · Fish · Crustacean · Egg · Dairy · Gluten

Day / Food	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Break	Corn Salad Crackers	Crab Sticks S/W	Banana Cake	Fresh Fruit	Corn Pie
Drink	Whole Milk	Whole Milk	Whole Milk	Yoghurt	Whole Milk
Main Dish 1	Hat Yai Fried Chicken	BBQ Pork Rice	Pork Steak with Honey Mustard Sauce	Oyakodon	Dwaeji Galbi Jjim
Main Dish 2	Stir-Fried Minced Pork with Soy Sauce	Qingjiao chao jirou	Chicken Ham Cream Sauce Pasta	Breaded Fried Fish with Ebiko Mayonnaise	Jjimdak
Soup	Thai Green Curry with Chicken	Chinese Hot and Sour Soup	Chicken Potato Soup	Harusame	Miyeok Guk
Vegetarian	Stir-Fried Tofu with Red Curry Paste	Stir-Fried Bean Sprout with Tofu	Stir-Fried Mixed Vegetables	Grilled Teriyaki Tofu	Bibimbub
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Noodle with Pork in Thai Gravy Sauce	Egg Noodles with Red Roasted Pork	Yen Ta Fo Noodle	Tonkotsu Ramen	Pork Ramyeon
Salad Bar	Thai-Style Salad	Chinese-Style Salad	Western Salad Bar	Japanese-Style Salad	Korean-Style Salad
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit