

10th – 14th August 2026

Week...3...

Please be aware that items on this menu may change or be unavailable at certain times.



Chili

Chicken

Beef

Pork

Lamb

Prawn

Fish

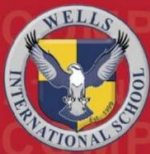
Crustacean

Egg

Dairy

Gluten

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Food					
Morning Break	Tuna Sandwich    	Corn Pie   		Fresh Fruit	Mini Pork Burgers    
Drink	Whole Milk 	Whole Milk 		Yoghurt 	Whole Milk 
Main Dish 1	Pasta Bolognese Minced Pork  	Caramelized Pork  		Karaage Chicken  	Fried Fish with Sweet & Sour Sauce  
Main Dish 2	Scrambled Eggs   	Stir Fried Sweet and Sour Chicken  		Grill Chicken Ham Wrap in Enoki Mushroom with Teriyaki Sauce  	Chicken Bulgogi  
Soup	Chicken Soup with Potatoes  	Egg and Pork in Sweet Brown Sauce  		Thai Pork Curry with Morning Glory   	Mixed Vegetable stew  
Vegetarian	Baked Cheese Corn 	Chinese Styled Fried Noodle 		Yakisoba 	Korean Spicy Rice Cake (Tteokbokki) 
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice		Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Kao Soi Chicken   	Roll Rice Noodle Soup with Pork   		Pork Noodle Clear Soup  	Ramyeon   
Salad Bar	Salad Bar	Salad Bar		Salad Bar	Salad Bar
Fruit	Fresh Fruit	Fresh Fruit		Fresh Fruit	Fresh Fruit



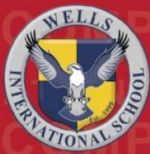
17th – 21th August 2026

Week....4....

Please be aware that items on this menu may change or be unavailable at certain times.



Day	Monday	Tuesday	Wednesday	Thursday	Friday
Food					
Morning Break	Crab Sticks Sandwich    	Pork Dumplings   	Banana Cake   	Fresh Fruit	Chicken Pie    
Drink	Whole Milk 	Whole Milk 	Whole Milk 	Yoghurt 	Whole Milk 
Main Dish 1	Stir-Fried Chicken with Hot Basil  	Grilled Mala Chicken (Grilled Chicken for EY)  	Pork BBQ with Fried Potato Wedges  	Stir-Fried Chicken with Yakiniiku Sauce  	Bonchon Fried Chicken  
Main Dish 2	Thai Pork Cakes (Tod Mun Moo)   	Sweet & Sour Fried Pork  	Traditional Glass Noodle Salad  	Gyoza   	Spicy Minced Pork Salad and Boiled Egg   
Soup	Mixed Vegetables Sour Spicy Soup  	Braised Eggs Stewed with Chinese Herbs   	Mushroom Cream Soup  	Miso Soup  	Miyeok Guk Seaweed Soup  
Vegetarian	Stir Fried Noodle with coconut milk 	Vegetable Spring Roll 	Stir-Fried Mixed Vegetables 	Stir Fried Flat Noodle with Vegetables and Egg 	Kimchi Fried-Rice 
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Creamy Minced pork Tom Yum Noodle   	Gravy Noodle with Chicken   	Braised Pork Noodle  	Pork Sukiyaki   	Minced Pork noodles  
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



24th – 28th August 2026

Week...5....

Please be aware that items on this menu may change or be unavailable at certain times.



Day	Monday	Tuesday	Wednesday	Thursday	Friday
Food					
Morning Break	Cornflakes  	Chicken Sausage Bread    	Banana Toast   	Fresh Fruit	Sandwich Thai Style Salad Dressing   
Drink	Whole Milk 	Whole Milk 	Whole Milk 	Yoghurt 	Whole Milk 
Main Dish 1	Fried Chicken with Herbs  	Red Chicken with Bok Choy and Shiitake with Oyster Sauce  	Pork Steak with Grilled Vegetable  	Tonkatsu  	Grilled Pork with Korean Sauce  
Main Dish 2	Stir Fried Eggplant with Minced Pork  	Fried Egg with Minced Pork in Tomato Sauce   	Chicken Creamy Stew   	Stir-Fried Pork with Ginger  	Stir-Fried Pork with Miso Sauce  
Soup	Creamy Tom Yum Chicken Soup    	Bamboo Pith Soup and Minced Pork  	Minced Pork Macaroni Soup  	Japanese Curry and Roti  	Egg Soup  
Vegetarian	Stir-Fried Chinese Kale Mushroom and carrots 	Stir-Fried Rice Vermicelli Noodle 	Crispy Morning Glory Salad 	Stir-Fried Spinach with Sesame Oil 	Bibimbub 
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Sukhothai Noodle   	Silver Noodle with Minced Pork  	Yen Ta Fo Noodle with Crispy wontons   	Pork Ramen   	Rolled Rice Noodles in Five-spices Broth with Pork   
Salad Bar	Thai-Style Salad	Cantonese-Style Salad	Western-Style Salad	Japanese-Style Salad	Korean-Style Salad
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit