

01st – 05th December 2025

Week....1....

Please be aware that items on this menu may change or be unavailable at certain times.



Chili

Chicken

Beef

Pork

Lamb

Prawn

Fish

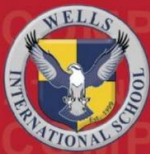
Crustacean

Egg

Dairy

Gluten

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Food					
Morning Break	HamCheeseSauceS/W    	Chicken Shumai     	Mini Croissant  	Fresh Fruit	
Drink	Whole Milk 	Whole Milk 	Whole Milk 	Yoghurt 	
Main Dish 1	Fried Fish with Sweet & Sour Sauce   	Sichuan Pork   	Roasted Chicken with Thyme & Rosemary  	Tonkatsu  	
Main Dish 2	Stir Fried Thai Basil with Minced Chicken   	Baked Chicken with Butter Lemon   	Pasta Agio Olio with Chicken Ham   	Stir Fried Chicken with Sukiyaki Sauce   	
Soup	Glass Noodle Pork Ball Soup  	Winter Melon Soup with Chicken  	Chicken Potato Soup  	Miso Soup  	
Vegetarian	Stir Fried Thai Basil with Mixed Mushroom   	Bok Choy and Shiitake with Mushroom Sauce  	Stir Fried Mixed Vegetables  	Yakisoba  	
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	
Noodle	Kao Soi Chicken   	Tom Yum Chicken Noodle   	Pork Suki   	Miso Ramen   	
Salad Bar	Thai-Style Salad	Chinese-Style Salad	Western Salad Bar	Japanese-Style Salad	
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	



08th – 12th December 2025

Week...2...

Please be aware that items on this menu may change or be unavailable at certain times.



Chili

Chicken

Beef

Pork

Lamb

Prawn

Fish

Crustacean

Egg

Dairy

Gluten

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Food					
Morning Break	Crab Stick Sandwich 	Cornflakes 	Banana Cake 	Fresh Fruit	Pineapple Pie
Drink	Whole Milk 	Whole Milk 	Whole Milk 	Yoghurt 	Whole Milk
Main Dish 1	Stir Fried Pork with Thai Curry Powder 	Stir Fried Chicken with Ginger 	Roasted Fish with Pesto Sauce 	Chicken Nanban 	Korean Spices Rubbed Chicken
Main Dish 2	Grilled Chicken with Thai Herbs 	Pork Steak with Mashed Potato 	Stir Fried Macaroni with Chicken and Egg 	Pork Teriyaki 	Stir Fried Ramyon with Pork
Soup	Chicken Coconut Soup 	Dried Lily Soup with Minced Pork 	White Radish Soup with Pork 	Harusame Soup 	Muguk Korean Radish Soup
Vegetarian	Stir Fried Pumpkin with Egg 	Stir Fried Glass Noodle 	Baked Spinach with Cheese 	Napa Cabbage with Shoyu 	Bibimbab
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Old Thai Style Dried Noodle 	Yen Ta Fo Noodle 	Silver Noodle with Minced Chicken 	Shoyu Ramen 	Janchi Guksu Korean Noodle Soup
Salad Bar	Thai-Style Salad	Chinese-Style Salad	Western-Style Salad	Japanese-Style Salad	Korean-Style Salad
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



15th – 19th December 2025

Week....3....

Please be aware that items on this menu may change or be unavailable at certain times.



Day	Monday	Tuesday	Wednesday	Thursday	Friday
Food					
Morning Break	Granola  	Ham Cheese S/W    	Egg Tart   	Fresh Fruit	Chicken Tomato Pie    
Drink	Whole Milk 	Whole Milk 	Whole Milk 	Yoghurt 	Whole Milk 
Main Dish 1	Garlic Chicken  	Fried Fish with Scallion Sauce  	Chicken Lasagna   	Hamburg Steak   	Snow Onion Chicken   
Main Dish 2	Thai Omelet with Minced Pork   	Chicken New Orleans   	Stir Fried Chicken with Champignon Mushroom  	Oyakodon    	Stir Fried Pork with Gochujang    
Soup	Southern Thai Curry with Fish    	Braised Chicken with Chinese Herbs  	Carrot Cream Soup  	Japanese Curry with Vegetables 	Kimchi Jjigae Kimchi Spicy Soup   
Vegetarian	Stir Fried Morning Glory with Chili   	Stir Fried Bean Sprout with Fried Tofu  	Stir Fried Broccoli  	Tofu Teriyaki  	Stir Fried Potato with Butter   
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Kao Soi Chicken Noodle   	Braised Chicken Noodle  	Noodle with Chicken in Thai Gravy Soup   	Tonkotsu Ramen   	Ramyon  
Salad Bar	Thai-Style Salad	Chinese-Style Salad	Western-Style Salad	Japanese-Style Salad	Korean-Style Salad
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit