

03rd – 07th November 2025

Week....1....

Please be aware that items on this menu may change or be unavailable at certain times.



Chili

Chicken

Beef

Pork

Lamb

Prawn

Fish

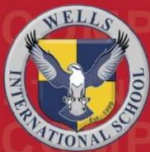
Crustacean

Egg

Dairy

Gluten

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Food					
Morning Break	Shredded Chicken S/W    	Steamed Cream Bun   	Mini Croissant  	Fresh Fruit	Mini Pork Burger   
Drink	Whole Milk 	Whole Milk 	Whole Milk 	Yoghurt 	Whole Milk 
Main Dish 1	Chicken Biryani  	Braised Pork with Rice  	Chicken Paprikash   	Stir Fried Pork with Sesame Sauce  	Bon Chon Chicken   
Main Dish 2	Deep Fried Pork with Garlic  	Steamed Fish with Lime and Chili   	Stir Fried Macaroni with Pork and Egg   	Grilled Chicken with Teriyaki Sauce  	Stir Fried Sliced Pork with Shoyu  
Soup	Thai Spicy Pork Soup   	Winter Melon Soup with Chicken  	Corn Cream Soup  	Tomato and Tofu Miso Soup  	Eomuk Guk Fishcake Soup  
Vegetarian	Stir Fried Plant Protein with Chili Pasted   	Bok Choy and Shiitake with Mushroom Sauce  	Broccoli Stir Fried  	Vegetables Tempura  	Japchae  
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Kao Soi Chicken   	Braised Pork Noodle  	Chicken Suki   	Miso Ramen   	Ramyeon    
Salad Bar	Thai-Style Salad	Chinese-Style Salad	Western Salad Bar	Japanese-Style Salad	Korean-Style Salad
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



10th – 14th November 2025

Week...2...

Please be aware that items on this menu may change or be unavailable at certain times.



Day	Monday	Tuesday	Wednesday	Thursday	Friday
Food					
Morning Break	Ham Cheese Sandwich   	Spinach Sticks   	Pineapple Pie   	Fresh Fruit	Brownie   
Drink	Whole Milk 	Whole Milk 	Whole Milk 	Yoghurt 	Whole Milk 
Main Dish 1	Fried Chicken Sesame  	Braised Chicken with Lemon  	Pasta with Pesto Sauce and Grilled Chicken   	Hamburg Steak  	Korean Fried Chicken  
Main Dish 2	Stir Fried Pork with Red Curry    	Stir Fried Pork with Chili Paste   	Pork Lasagna   	Oyakodon   	Pork Bulgogi  
Soup	Seaweed Soup with Minced Pork  	Chinese Vegetables Stew with Tofu 	Mushroom Cream Soup  	Tonjiru   	Muguk Korean Radish Soup 
Vegetarian	Stir Fried Sweet Radish with Egg   	Stir Fried Mixed Vegetables  	Ratatouille  	Stir Fried Mushroom with Garlic Butter   	Stir Fried Cabbage with Sesame Oil  
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Braised Chicken Noodle  	Silver Noodle with Minced Pork   	Minced Chicken Noodle  	Shoyu Ramen   	Bibim-guksu   
Salad Bar	Thai-Style Salad	Chinese-Style Salad	Western-Style Salad	Japanese-Style Salad	Korean-Style Salad
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



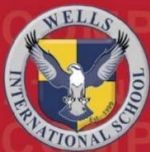
17th – 21st November 2025

Week....3....

Please be aware that items on this menu may change or be unavailable at certain times.



Day	Monday	Tuesday	Wednesday	Thursday	Friday
Food					
Morning Break	Pizza Ham S/W 	Cracker Corn Salad 	Egg Tart 	Fresh Fruit	Banana Cake
Drink	Whole Milk 	Whole Milk 	Whole Milk 	Yoghurt 	Whole Milk
Main Dish 1	Larb Moo Spicy Minced Pork Salad 	Stir Fried Pork with Black Pepper 	Pasta with Pork Bolognese 	Tori Katsu 	Jeyuk Bokkeum Pork with Gochujang
Main Dish 2	Grilled Chicken with Sticky Rice 	Braised Chicken in Soybean Paste 	Tuscan Chicken 	Scrambled Egg 	Dak Bokkeum Tang Korean Chicken Stew
Soup	Hot & Sour Soup with Pork 	Braised Cabbage with Mushroom 	Minestrone Soup 	Japanese Curry with Pork 	Sundubu Gyeran Guk Tofu and Egg Soup
Vegetarian	Stir Fried Kale with Mushroom 	Stir Fried Egg with Tomato 	Cauliflower Sauté 	Kyabetsu Itame Cabbage Stir Fried 	Jajangmyeon Korean Black Noodle
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Kao Soi Chicken Noodle 	Egg Noodle with Minced Pork 	Creamy Tom Yum Noodle 	Kitsune Ramen 	Janchi Guksu Korean Noodle Soup
Salad Bar	Thai-Style Salad	Chinese-Style Salad	Western-Style Salad	Japanese-Style Salad	Korean-Style Salad
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



24th – 28th November 2025

Week....4....

Please be aware that items on this menu may change or be unavailable at certain times.



Day	Monday	Tuesday	Wednesday	Thursday	Friday
Food					
Morning Break	Corn Sandwich   	Cornflakes  	Chicken Tomato Pie    	Fresh Fruit	Chicken Ham Stick    
Drink	Whole Milk 	Whole Milk 	Whole Milk 	Yoghurt 	Whole Milk 
Main Dish 1	Deep Fried Thai Spicy Pork Cake    	Mapo Tofu  	Pasta Cream Sauce with Chicken Ham   	Buta Yakiniku  	Dwaeji Galbi  
Main Dish 2	Stir Fried Chicken with Ginger  	Sweet & Sour Chicken  	Pork Steak with Black Pepper  	Toridon  	Snow Chicken   
Soup	Thai Green Curry with Chicken   	Chinese Hot and Sour Soup   	Chicken Potato Soup  	Harusame Soup Japanese Glass Noodle Soup   	Beoseot Jeongol Mixed Mushroom Soup 
Vegetarian	Spicy Fried Egg Salad    	Stir Fried Bean Sprout with Tofu  	Mixed Stir Fried Vegetables  	Sweet Pea with Sesame oil  	Gaji Namul Spicy Egg Plant   
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Noodle with Pork in Thai Gravy Sauce   	Rolled Rice Noodles in Five Spices Broth   	Egg Noodle with Minced Pork   	Tonkotsu Ramen   	Grilled Chicken Noodle Soup  
Salad Bar	Thai-Style Salad	Chinese-Style Salad	Western-Style Salad	Japanese-Style Salad	Korean-Style Salad
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit