















































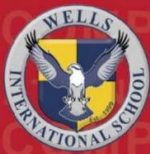
# 01<sup>st</sup> – 05<sup>th</sup> September 2025

## Week....1....

Please be aware that items on this menu may change or be unavailable at certain times.



Day	Monday	Tuesday	Wednesday	Thursday	Friday
Food					
Morning Break	Crab Stick S/W     	Pork Shumai    	Carrot Cake   	Fresh Fruit	White Sauce Chicken Pie    
Drink	Whole Milk 	Whole Milk 	Whole Milk 	Yoghurt 	Whole Milk 
Main Dish 1	Deep Fried Thai Spicy Pork Cake    	BBQ Pork Rice with Boiled Egg   	Fish & Chips  	Stir Fried Pork with Teriyaki Sauce  	Menchi Katsu Minced Pork Cutlet  
Main Dish 2	Stir Fried Chicken with Ginger  	Braised Chicken with Lemon  	Aglio e Olio Pasta Grilled Chicken  	Nagoya Fried Chicken   	Dak Bokkeum Tang Korean Chicken Stew   
Soup	Red Curry Pumpkin with Chicken   	Dried Lily and Bean Curd with Minced Pork Soup  	Mushroom Cream Soup  	Tamago Soup   	Sundubu Gyeran Guk Tofu and Egg Soup  
Vegetarian	Stir Fried Eggplant with Soy Paste  	Spicy Stir Fried Flat Noodle (Pad Kee Mao)   	Baked Spinach with Cheese   	Stir Fried Sweet Pea  	Stir Fried Ramyon with Vegetables  
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Yen Ta Fo Noodle  	Egg Noodle with BBQ Pork   	Suki Pork   	Kitsune Udon   	Rabokki Sweet & Spicy Noodle   
Salad Bar	Thai-Style Salad	Chinese-Style Salad	Western-Style Salad	Japanese-Style Salad	Korean-Style Salad
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



08<sup>th</sup> – 12<sup>th</sup> September 2025

Week...2...

Please be aware that items on this menu may change or be unavailable at certain times.



Chili

Chicken

Beef

Pork

Lamb

Prawn




























































Fish

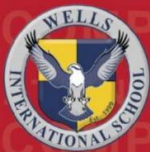
Crustacean

Egg

Dairy

Gluten

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Food					
Morning Break	Ham Cheese Sandwich   	BBQ Pork Bun  	Mini Pork Burger   	Fresh Fruit	Bacon Twist    
Drink	Whole Milk 	Whole Milk 	Whole Milk 	Yoghurt 	Whole Milk 
Main Dish 1	Spicy Pork Salad and Papaya Salad   	Stir Fried Pork with Black Pepper  	Pasta Pork Bolognese   	Katsudon   	Dwaeji Bulgogi Spicy Pork Bulgogi BBQ   
Main Dish 2	Roasted Chicken with Thai Spicy Dip and Sticky Rice  	Braised Chicken in Soybean Paste  	Tuscan chicken   	Tsukune Grilled Minced Chicken   	Spaghetti Napolitan with Chicken Ham   
Soup	Hot & Sour Soup with Pork   	Bamboo Pith Soup with Shiitake and Pork  	Minestrone soup 	Miso Soup  	Muguk Korean Radish Soup 
Vegetarian	Pad Thai with Tofu  	Stir Fried Bean Sprouts  	Stir Fried Broccoli  	Stir Fried Mushroom with Teriyaki Sauce  	Dubu Jorim Spicy Tofu   
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Tom Yum Noodle with Minced Pork   	Rolled Rice Noodles in Five Spices Broth   	Minced Chicken Noodle  	Shoyu Ramen   	Ramyeon Korean Noodle    
Salad Bar	Thai-Style Salad	Chinese-Style Salad	Western-Style Salad	Japanese-Style Salad	Korean-Style Salad
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit















































































# 15<sup>th</sup> – 19<sup>th</sup> September 2025

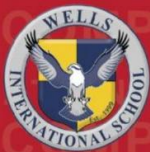
## Week...3....

Please be aware that items on this menu may change or be unavailable at certain times.



Day	Monday	Tuesday	Wednesday	Thursday	Friday
Food					
Morning Break	Pizza Ham S/W   	Cracker Corn Salad   	Egg Tart   	Fresh Fruit	Cheese Stick   
Drink	Whole Milk 	Whole Milk 	Whole Milk 	Yoghurt 	Whole Milk 
Main Dish 1	Stir Fried Chicken with Hot Basil   	Stir Fried Chinese Olives with Minced Pork  	Stir Fried Chicken with Champignon Mushroom  	Chicken Karaage  	Jeyuk Bokkeum Pork with Gochujang   
Main Dish 2	Shrimp Paste Fried Rice with Condiments    	Sichuan Spicy Chicken   	Pork Lasagna   	Buta Kuriimu Shichuu Pork Cream Stew   	Korean Spice-Rubbed Chicken   
Soup	Clear Soup Tofu and Seaweed with Minced Pork   	Chinese Herbal Chicken Soup  	Pumpkin Cream Soup  	Butajiru Miso Soup Vegetables Pork Soup   	Eomuk Guk Fish Cake Soup   
Vegetarian	Deep Fried Egg with Tamarind Sauce   	Stir Fried Kale with Soybean Paste  	Pasta Pesto Sauce   	Yakisoba  	Sigeumchi Muchim Stir Fried Spinach with Sesame Oil 
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Egg Noodle with Minced Pork   	Braised Chicken Noodle  	Creamy Tom Yum Noodle   	Shio Ramen   	Grilled Chicken Noodle Soup   
Salad Bar	Thai-Style Salad	Chinese-Style Salad	Western-Style Salad	Japanese-Style Salad	Korean-Style Salad
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit





































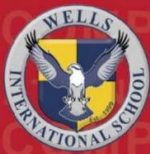
# 22<sup>nd</sup> – 26<sup>th</sup> September 2025

## Week....4....

Please be aware that items on this menu may change or be unavailable at certain times.



Day	Monday	Tuesday	Wednesday	Thursday	Friday
Food					
Morning Break	Shredded Chicken S/W   	Corn Flakes  	Mini Croissant  	Fresh Fruit	Banana Cake   
Drink	Whole Milk 	Whole Milk 	Whole Milk 	Yoghurt 	Whole Milk 
Main Dish 1	Stir Fried Pork with Garlic  	Stir Fried Chicken with Chili Paste   	Grilled Chicken with BBQ Sauce   	Shogun Pork Rice   	Fried Chicken with Honey Butter Sauce   
Main Dish 2	Fried Fish with Celery Sauce  	Braised Pork Belly in Red Sauce (Dongpo)  	Pork Stew with Mash Potato   	Torikatsu  	Dwaeji Galbi Braised Pork In Soy Sauce  
Soup	Creamy Tom Yum Soup with Pork and Egg Tofu    	Pickled Lettuce Soup with Chicken  	Thai Omelet Soup  	Japanese Curry  	Kimchi Soup  
Vegetarian	Stir Fried Morning Glory  	Stir Fried Vegetables with Glass Noodle  	Mac n Cheese   	Scrambled Eggs   	Bibimbub   
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Kao Soi Chicken   	Gravy Noodle with Soft Pork   	Minced Pork Wonton Noodle   	Tonkatsu Ramen  	Bibim-guksu   
Salad Bar	Thai-Style Salad	Chinese-Style Salad	Western-Style Salad	Japanese-Style Salad	Korean-Style Salad
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



29<sup>th</sup> September – 03<sup>rd</sup> October 2025

Week...5....

Please be aware that items on this menu may change or be unavailable at certain times.



Day	Monday	Tuesday	Wednesday	Thursday	Friday
Food					
Morning Break	Caesar Chicken S/W    	Chicken Ham Sticks    	Pineapple pie  	Fresh Fruit	Roll Chicken Sausage    
Drink	Whole Milk 	Whole Milk 	Whole Milk 	Yoghurt 	Whole Milk 
Main Dish 1	Hat Yai Fried Chicken  	Sweet & Sour Fried Pork  	New Orleans Chicken   	Shogayaki Stir Fried Pork with Ginger Sauce  	Stir Fried Pork with Sesame Sauce  
Main Dish 2	Stir Fried Pork with Curry Powder    	Steamed Chicken with Soy Sauce  	Fried Fish with Tartar Sauce   	Grilled Chicken Teriyaki Sauce  	Jjimdak Korean Braised Chicken with Glass Noodle   
Soup	Chicken Coconut Milk Soup   	Stewed Cabbage with Shiitake 	Fusilli Soup  	Harusame Soup Japanese Glass Noodle Soup  	Chicken Potato Soup  
Vegetarian	Stir Fried Pumpkin with Eggs   	Steamed Tofu with Vermicelli  	Potato Sauté   	Stir Fried Mixed Mushroom  	Stir Fried Tomato with Eggs   
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Old Thai Style Dried Noodle   	Braised Pork Noodle  	Chicken Suki   	Miso Ramen   	Egg Noodle with Minced Pork   
Salad Bar	Thai-Style Salad	Chinese-Style Salad	Western-Style Salad	Japanese-Style Salad	Korean-Style Salad
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit