

13th – 15th August 2025

Week...3...

Please be aware that items on this menu may change or be unavailable at certain times.



Chili



Chicken



Beef



Pork



Lamb



Prawn



Fish



Crustacean










Egg

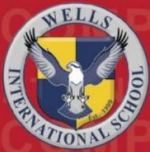


Dairy



Gluten

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Food					
Morning Break			Mini Croissant  	Fresh Fruit	Banana Cake   
Drink			Whole Milk 	Yoghurt 	Whole Milk 
Main Dish 1			Pork Steak with Black Pepper  	Shogayaki Stir Fried Pork with Ginger Sauce  	Fried Chicken with Spicy Sauce   
Main Dish 2			Pasta Cream Sauce with Chicken Ham   	Grilled Chicken with Teriyaki Sauce  	Stir Fried Sliced Pork with Shoyu  
Soup			Chicken Potato Soup  	Miso Soup  	Eomuk Guk Fishcake Soup   
Vegetarian			Mixed Stir Fried Vegetables  	Vegetables Tempura  	Japchae  
Rice			Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle			Egg Noodle with Minced Pork   	Miso Ramen   	Ramyeon Korean Noodle    
Salad Bar			Western-Style Salad	Japanese-Style Salad	Korean-Style Salad
Fruit			Fresh Fruit	Fresh Fruit	Fresh Fruit



18th – 22nd August 2025

Week....4.....

Please be aware that items on this menu may change or be unavailable at certain times.



Chili

Chicken

Beef

Pork

Lamb

Prawn











































































Fish

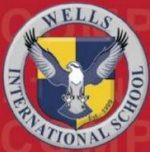
Crustacean

Egg

Dairy

Gluten

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Food	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Break	Ham Cheese Sandwich    	Steamed Pork Bun  	Garlic Bread  	Fresh Fruit	Chicken Sausage Roll    
Drink	Whole Milk 	Whole Milk 	Whole Milk 	Yoghurt 	Whole Milk 
Main Dish 1	Stir Fried Minced Pork with Hot Basil   	Hainanese Chicken  	Roasted Pork with Honey and Mustard  	Tori Yakiniiku  	Snow Onion Fried Chicken   
Main Dish 2	Roasted Chicken with Thai Herb  	Steamed Fish with Lime and Chilies   	Mexican Chicken  	Tonkatsu  	Stir Fried Pork with Gochujang   
Soup	Clear Soup with Pork and Egg Tofu   	Winter Melon Soup with Pickled Lime and Chicken  	Macaroni Chicken Soup  	Japanese Curry 	Miyeok Guk Seaweed Soup  
Vegetarian	Stir Fried Mixed Mushroom  	Bok Choy and Shiitake with Mushroom Sauce  	Sauteed Mixed Vegetables  	Yasai – Itame  	Stir Fried Spicy Cauliflower   
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Kao Soi Chicken   	Braised Pork Noodle  	Minced Chicken Noodle  	Shoyu Ramen   	Nagasaki Champon Korean Pork Noodle  
Salad Bar	Thai-Style Salad	Chinese-Style Salad	Western Salad Bar	Japanese-Style Salad	Korean-Style Salad
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



25th – 29th August 2025

Week...5.....

Please be aware that items on this menu may change or be unavailable at certain times.



Chili

Chicken

Beef

Pork

Lamb

Prawn

















































































Fish

Crustacean

Egg

Dairy

Gluten

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Food					
Morning Break	Shredded Chicken S/W    	Granola  	Chicken Tomato Pie    	Fresh Fruit	Chicken Ham Stick    
Drink	Whole Milk 	Whole Milk 	Whole Milk 	Yoghurt 	Whole Milk 
Main Dish 1	Chicken Biryani  	Braised Chicken with Soy Sauce  	Fish & Chips  	Hamburg Steak  	Korean Fried Chicken  
Main Dish 2	Deep Fried Pork with Garlic  	Mapo Tofu with Minced Pork   	Spicy Chicken Steak  	Grilled Chicken with Miso   	Dwaeji Galbi Braised Pork In Soy Sauce  
Soup	Thai Spicy Pork Soup   	Bamboo Pith Soup with Shiitake and Pork  	Pork Stew  	Harusame Soup Japanese Glass Noodle Soup   	Sundubu Jigae with Pork   
Vegetarian	Stir Fried Plant Protein with Chili Pasted   	Chao Mian  	Mac n' Cheese   	Kyabetsu Itame Cabbage Stir Fried  	Bibimbab   
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Sukhothai Noodle with Pork  	Silver Noodle with Minced Chicken  	Pork Suki   	Tonkotsu Ramen   	Rabokki Korean Rice Noodle   
Salad Bar	Thai-Style Salad	Chinese-Style Salad	Western Salad Bar	Japanese-Style Salad	Korean-Style Salad
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit