

Lunch Menu

Week...?...

Please be aware that items on this menu may change or be unavailable at certain times.



Day	Monday	Tuesday	Wednesday	Thursday	Friday
Food					
Morning Break		Steamed Pork Bun 	Mini Chicken Burger 	Fresh Fruit	Mini Croissant
Drink		Whole Milk 	Whole Milk 	Yoghurt 	Whole Milk
Main Dish 1		Stir Fried Pork with Black Pepper 	Pork Lasagna 	Pork Tonteki Japanese Pork Steak 	Honey Butter Soy Fried Chicken
Main Dish 2		Braised Chicken in Soybean Paste 	Chicken Paprikash 	Chikuzenni Simmered Chicken with Vegetables 	Tteokbokki with Pork
Soup		Fish Maw Soup 	Pumpkin Soup 	Miso Soup 	Eomuk Guk Fish Cake Soup
Vegetarian		Stir Fried Egg with Tomato 	Ratatouille 	Vegetables Tempura 	Kimchijeon Kimchi Pancake
Rice		Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle		Yen Ta Fo Noodle 	Tom Yum Noodle with Minced Pork 	Tomato Ramen with Pork 	Mul-Naengmyeon Korean Cold Noodle
Salad Bar		Cantonese-Style Salad	Western-Style Salad	Japanese-Style Salad	Korean-Style Salad
Fruit		Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



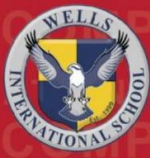
Lunch Menu

Week...3...

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Day	Monday	Tuesday	Wednesday	Thursday	Friday
Food					
Morning Break	Shredded Chicken S/W 	Taro Pie 	Banana Cake 	Fresh Fruit	Chicken Roll Sausage
Drink	Whole Milk 	Whole Milk 	Whole Milk 	Yoghurt 	Whole Milk
Main Dish 1	Stir Fried Minced Pork with Hot Basil 	Braised Pork with Mantou Bun 	Chicken Tandoori 	Buta Yakiniku 	Snow Onion Fried Chicken
Main Dish 2	Roasted Chicken with Thai Herb 	Steamed Fish with Lime and Chilies 	Fried Egg with Minced Pork in Tomato Sauce 	Toridon 	Stir Fried Sliced Pork with Shoyu
Soup	Clear Soup with Pork and Egg Tofu 	Winter Melon Soup with Pickled Lime and Chicken 	Fish Masala Curry with Roti 	Harusame Soup Japanese Glass Noodle Soup 	Miyeok Guk Seaweed Soup
Vegetarian	Crispy Tofu Salad and Stir Fried Mixed Mushroom 	Bok Choy and Shiitake with Oyster Sauce 	Aloo Gobi Cauliflower with Spices 	Okonomiyaki Japanese Pizza 	Japchae
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Kao Soi Chicken 	Yellow Noodle with Minced Pork 	Chicken Noodle Soup 	Shoyu Ramen 	Nagasaki Champon Korean Pork Noodle
Salad Bar	Thai-Style Salad	Korean-Style Salad	Salad Bar	Japanese-Style Salad	Chinese-Style Salad
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



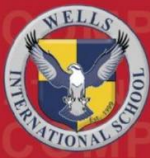
Lunch Menu

Week...4...

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Day	Monday	Tuesday	Wednesday	Thursday	Friday
Food					
Morning Break	Cornflake 	Spinach Stick 	Chicken Tomato Pie 	Fresh Fruit	Chicken Ham Stick
Drink	Whole Milk 	Whole Milk 	Whole Milk 	Yoghurt 	Whole Milk
Main Dish 1	Chicken Rice Biryani 	Braised Chicken in Red Sauce 	Shepherd's Pie 	Hamburg Steak 	Korean Fried Chicken
Main Dish 2	Deep Fried Pork with Garlic 	Mapo Tofu 	Mexican Chicken with Spain Potato Omelet 	Oyakodon 	Dwaeji Galbi
Soup	Thai Spicy Pork Soup 	Bamboo Pith Soup with Shiitake and Pork 	Macaroni Chicken Soup 	Japanese Curry 	Sundubujgae with Pork
Vegetarian	Stir Fried Soy Protein with Chili Paste 	Chao Mian 	Mixed Vegetable Gratin 	Yasai – Itame 	Bibimbub
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Sukhothai Noodle 	Silver Noodle with Minced Pork 	Gravy Noodle with Soft Pork 	Miso Ramen with Chicken 	Ramyeon
Salad Bar	Thai-Style Salad	Cantonese-Style Salad	Western-Style Salad	Japanese-Style Salad	Korean-Style Salad
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



Lunch Menu

Week...5

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Day	Monday	Tuesday	Wednesday	Thursday	Friday
Food					
Morning Break	Ham Cheese S/W 	Egg Tart 	Pineapple Pie 	Fresh Fruit	Carrot Cake
Drink	Whole Milk 	Whole Milk 	Whole Milk 	Yoghurt 	Whole Milk
Main Dish 1	Thai Spicy Pork Cake 	BBQ Pork Rice 	Fish & Chips 	Stir Fried Pork with Teriyaki Sauce 	Jeyuk Bokkeum Pork with Gochujang
Main Dish 2	Thai Rice Noodles in Fish Curry Sauce 	Assorted Dim – Sum 	Pork Steak with Mash Potato 	Nagoya Fried Chicken 	Korean Chicken Stew (Dak Bokkeum Tang)
Soup	Green Curry with Chicken 	Dried Lily and Bean Curd with Minced Pork Soup 	Mushroom Cream 	Miso Soup 	Kimchi Soup
Vegetarian	Stir Fried Eggplant 	Pad Kee Mao Shanghai Noodle 	Baked Spinach with Cheese 	Kyabetsu Itame Cabbage Stir Fried 	Jajangmyeon Korean Black Noodle
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Yen Ta Fo Noodle 	Egg Noodle with BBQ Pork 	Suki Pork 	Kitsune Udon 	Janchi Guksu Korean Noodle Soup
Salad Bar	Thai-Style Salad	Cantonese-Style Salad	Western-Style Salad	Japanese-Style Salad	Korean-Style Salad
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit