



foodhouse Lunch Menu Week...1...





















change or be unavailable at certain times. Chill Chicken Beef Pork Lamb Prawn Fish Crustacean Egg Dairy Gluten					
Day Food	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Break	Chicken Caesar S/W	Chicken Tomato Pie	Mini Croissant	Fresh Fruit	Garlic Bread Stick
Drink	Whole Milk	Whole Milk	Whole Milk	Yoghurt 	Whole Milk
Main Dish 1	Chicken Rice Biryani	Braised Chicken in Red Sauce	Pork Lasagna	Hamburg Steak	Korean Fried Chicken
	§ 🛞	\$ ❷	₩ 🚳 ⊾	₩ 🕸	★ 🕸
Main Dish 2	Deep Fried Pork with Garlic	Mapo Tofu	Mexican Chicken with Spain Potato Omelet	Oyakodon	Dwaeji Galbi
	₩ 🕸	∀ ⊗ \	\$ 0 ₺	\$ 0 ❷	₩ 🕸
Soup	Thai Spicy Pork Soup	Bamboo Pith Soup with Shiitake and Pork	Macaroni Chicken Soup	Japanese Curry	Sundubujigae with Pork
	∀ ⊗ &	₩ 🕸	\$ ❷	♣ 🍪	♥ 🕸 Ն
Vegetarian	Stir Fried Soy Protein with Chili Paste	Chao Mian	Mixed Vegetable Gratin	Yasai – Itame	Bibimbub
vegetarian	TEEL		♣ ⊗	TTEAT	
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Sukhothai Noodle	Silver Noodle with Minced Pork	Gravy Noodle with Soft Pork	Miso Ramen with Chicken	Ramyeon
	₩ 🚳 🛭	With Milited Fork	Willi Soil Pork	with Chicken	\$ ⊗ ℃
Salad Bar	Thai-Style Salad	Cantonese-Style Salad	Western-Style Salad	Japanese-Style Salad	Korean-Style Salad
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit





foodhouse Lunch Menu Week...2...



















change or be unavailable at certain times. Chill Chicken Beef Pork Lamb Prawn Fish Crustacean Egg Dairy Gluten					
Day Food	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	Crab Stick S/W	Roll Chicken Sausage	Banana Cake	Fresh Fruit	White Sauce Chicken Pie
Break	A D B F D	5 6 🕸	⊗ L 0		1 6 6
Drink	Whole Milk	Whole Milk	Whole Milk	Yoghurt 	Whole Milk
W : D: 1	Thai Spicy Pork Cake	BBQ Pork Rice	Fish & Chips	Stir Fried Pork with	Jeyuk Bokkeum
Main Dish 1				Teriyaki Sauce	Pork with Gochujang
•	Y	₩ 🕸	♦ ⊗	₩ 🕸	∀ ⊗ €
Main Dish	Thai Rice Noodles in Fish Curry Sauce	Assorted Dim – Sum	Pork Steak with Mash Potato	Nagoya Fried Chicken	Korean Chicken Stew (Dak Bokkeum Tang)
2				4 6	, ,
	→ 🕸 €	1 8 6	Y 🕸 L	\$ ₩	186
		Dried Lily and Bean Curd	Mushroom Cream	Miso Soup	Kimchi Soup
Soup	with Chicken	with Minced Pork Soup			
	1 8 6	₩ 🕸		♦ 🕸	€
	Stir Fried Eggplant	Pad Kee Mao Shanghai Noodle	Baked Spinach with Cheese	Kyabetsu Itame Cabbage Stir Fried	Jajangmyeon Korean Black Noodle
Vegetarian		Shanghai Noodie	With Cheese	Cabbage Sui Fried	Roleall black Nooule
		YEAR	YEGAN	VERA	
Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice
Rice	Riceberry Rice	Riceberry Rice	Riceberry Rice	Riceberry Rice	Riceberry Rice
	Yen Ta Fo	Egg Noodle	Suki Pork	Kitsune Udon	Janchi Guksu
Noodle	Noodle	with BBQ Pork	7	∀ ⊗∌	Korean Noodle Soup
	→		▼ ×∞ ▼		▶ ⊗⁄
Salad Bar	Thai-Style Salad	Cantonese-Style Salad	Western-Style Salad	Japanese-Style Salad	Korean-Style Salad
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit





Lunch Menu Week...3...



















Gluten	

change or be unavailable at certain times. Chilli Chicken Beef Pork Lamb Prawn Fish Crustacean Egg Dairy Gluten					
Day Food	Monday	Tuesday	Wednesday	Thursday	Friday
Morning	Ham Cheese Sandwich	BBQ Pork Bun	Mini Pork Burger	Fresh Fruit	
Break	♣ ❸ L	₩ 🕸	7		
Drink	Whole Milk	Whole Milk	Whole Milk	Yoghurt	
				<u></u>	
	Stir Fried Minced Pork	Snow Onion	Chicken Tandoori	Buta Yakiniku	Braised Pork
Main Dish	with Hot Basil	Fried Chicken			with Mantou Bun
1	∀ ⊗ €	5 🚳 L	\$ ⊗	₩ 🕸	₩ 🕸
	Roasted Chicken	Stir Fried Sliced Pork	Fried Egg with Minced	Toridon	Steamed Fish
Main Dish	with Thai Herb	with Shoyu	Pork in Tomato Sauce		with Lime and Chilies
2	% 🛞	₩ 🕸	₩ 🚳 🐧	\$ ⊗	♦ ⊗ €
	Clear Soup with Pork	Miyeok Guk	Fish Masala Curry	Harusame Soup	Winter Melon Soup with
Soup	and Egg Tofu	Seaweed Soup	with Roti	Japanese Glass Noodle	
	₩ 🚱 🐧	♦ ⊗	⇒ L ⊗ L	Soup	and Chicken
	Crispy Tofu Salad and Stir Fried Mixed	Japchae	Aloo Gobi	Okonomiyaki	Bok Choy and Shiitake
Vegetarian	Mushroom		Cauliflower with Spices	Japanese Pizza	with Oyster Sauce
10901111111		VEBA	YEDAN	VEGAR	
	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice	Steamed Rice
Rice	Riceberry Rice	Riceberry Rice	Riceberry Rice	Riceberry Rice	Riceberry Rice
	Kao Soi Chicken	Nagasaki Champon	Chicken Noodle	Shoyu Ramen	
Noodle		Korean Pork Noodle	Soup		
	1 1 1	∀	\$ ₩	A 🚳 🕈	
Salad Bar	Thai-Style Salad	Korean-Style Salad	Salad Bar	Japanese-Style Salad	Chinese-Style Salad
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit





foodhouse Lunch Menu Week...4...



















change or be unavailable at certain times. Chili Chicken Beef Pork Lamb Prawn Fish Crustacean Egg Dairy Gluten					
Day Food	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Break	Pizza Ham S/W	Cracker Corn with Ham	Egg Tart	Fresh Fruit	Chicken Ham Twist
Drink	Whole Milk	Whole Milk	Whole Milk	Yoghurt <u></u>	Whole Milk
Main Dish	Stir Fried Chicken with Garlic	Stir Fried Chinese Olives with Minced Pork	Grilled Chicken with BBQ Sauce	Chicken Karaage	Pork Bulgogi
1	\$ ₩	₩ 🕸	\$ ⊗ L	\$ ⊗	₩ 🕸
Main Dish 2	Shrimp Paste Fried Rice with Condiments	Sichuan Spicy Chicken and Stir Fried Chicken with Onion	Shepherd's Pie	Kuriimu Shichuu	Korean Spice-Rubbed Chicken
	** ® •	\$ ⊗	V ® L	Y 🕸 L	\$ ⊗
Soup	Thai Pork Curry with Morning Glory	Chinese Herbal Chicken Soup	Cream Corn Soup with Crispy Bacon	Butajiru Miso Soup Vegetables Pork Soup	Kongnamul Guk Beansprout Soup
	Y	\$ ⊗	7 L 🚳	4 8 A	♦ ⊗
Vegetarian	Pad Thai with Tofu	Mapo Tofu	Pasta Pesto Sauce	Yakisoba	Dubu Jorim Spicy Braised Tofu
vegetarian					
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Egg Noodle with Minced Pork	Roller Rice Noodles in Five Spices Broth	Creamy Tom Yum Noodle	Shio Ramen	Robokki Sweet & Spicy Noodle
	780	₩ 🕸	Y 🕲 L	A ® 	\$ ₩
Salad Bar	Thai-Style Salad	Cantonese-Style Salad	Western-Style Salad	Japanese-Style Salad	Korean-Style Salad
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit





Lunch Menu Week...5...



















change or be unavailable at certain times. Chilli Chicken Beef Pork Lamb Prawn Fish Crustacean Egg Dairy Gluten					
Day Food	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Break	Ham Cheese Sandwich	Tuna Pie	Mini Croissant	Fresh Fruit	Banana Cake
Drink	Whole Milk	Whole Milk	Whole Milk	Yoghurt <u></u>	Whole Milk
Main Dish	Fried Fish with Sweet & Sour Sauce	Sweet & Sour Fried Chicken	New Orleans Chicken	Tonkatsu	Stir Fried Pork with Red Curry Paste
	→ 🕸	\$ ₩	∮ ⊗ L	₩	Y 🕸 C
Main Dish	Stir Fried Pork with Curry Powder	Braised Pork Belly in Red Sauce (Dongpo)	Pork Stew with Mash Potato	Stir Fried Eggplant Chicken with Miso	Yangnyeom Tongdak Bonchon Chicken
2	A ® 0	₩ 🕸	Y L 🕸	\$ ⊗	\$ ⊗
Soup	Chicken Coconut Milk Soup	Stewed Cabbage with Shiitake	Spinach Cream Soup	Tamago Soup	Doenjang Jjigae Pickled Soy Soup
	\$ ⊗ €	®		● ⊗	®
Vegetarian	Spicy Stir Fried Flat Noodle with Vegetables	Vegetable Spring Roll	Mac n Cheese	Stir Fried Glass Noodle with Vegetables	Spicy Korean Enoki Mushroom
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Old Thai Style Dried Noodle	Braised Pork Noodle	Minced Pork Wonton Noodle	Tonkatsu Ramen	Bibim-guksu Korean Dried Noodle
	700	₩ 🕸	₩ 🕸	♥®	\$ ⊗
Salad Bar	Thai-Style Salad	Cantonese-Style Salad	Western-Style Salad	Japanese-Style Salad	Korean-Style Salad
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit