

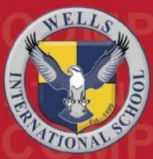
03rd – 07th February 2025

Week....1....

Please be aware that items on this menu may change or be unavailable at certain times.



Day	Monday	Tuesday	Wednesday	Thursday	Friday
Food					
Morning Break	Shredded Chicken S/W 	Pork Shumai 	Banana Cake 	Fresh Fruit	Mini Croissant
Drink	Whole Milk 	Whole Milk 	Whole Milk 	Yoghurt 	Whole Milk
Thai 1	Spicy Fried Chicken Salad 	Steamed Chicken with Soy Sauce 	Fried Fish with Sweet & Sour Sauce 	Stir Fried Pork with Garlic 	Chicken Katsu
Thai 2	Minced Pork with Shiitake Bamboo Soup 	Tom Kha Chicken 	Chinese Cabbage Soup with Minced Pork 	Hot Sour Soup with Thai Omelet 	Miso Soup
International	Shepherd's Pie 	Pork Bulgogi 	Roasted Chicken BBQ 	Mac n Cheese with Chicken Ham 	Stir Fried Pork with Teriyaki
Vegetarian	Stir Fried Broccoli with Mushroom 	Stir Fried Morning Glory 	Stir Fried Mixed Vegetable 	Stir Fried Bean Sprout with Shiitake 	Stir Fried Flat Noodle with Vegetable
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Shredded Chicken Noodle 	Fish Ball Noodle 	Kao Soi Chicken 	Pork Suki 	Pork Ramen
Salad Bar	Salad Bar 				
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



foodhouse

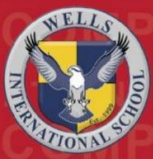
10th – 14th February 2025

Week...2...

Please be aware that items on this menu may change or be unavailable at certain times.



Day	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Break	Pizza Ham S/W 	Steamed Pork Bun 		Fresh Fruit	Roll Chicken Sausage
Drink	Whole Milk 	Whole Milk 		Yoghurt 	Whole Milk
Thai 1	Hat - Yai Fried Chicken 	Spicy Minced Pork Salad 		Fried Egg with Tamarind Sauce 	Roasted Chicken with Gravy Sauce
Thai 2	Tom Yum Creamy Soup with Chicken 	Clear Soup Minced Pork with Tofu 		Thai Pork Curry with Morning Glory 	Mixed Vegetable Stew with Chicken
International	Pasta Pork Bolognese 	Grilled Chicken Lemon Cream Sauce 		Fried Chicken with Garlic Sauce 	Stir Fried Pork with Onion and Carrot
Vegetarian	Fried Tofu Spicy Salad 	Stir Fried Zucchini with Carrot 		Stir Fried Vermicelli with Vegetable 	Stir Fried Kale with Mushroom
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice		Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Braised Pork Noodle 	Sukhothai Noodle 		Yen Ta Fo Noodle 	Yellow Noodle with Minced Pork
Salad Bar	Salad Bar 			Salad Bar 	
Fruit	Fresh Fruit	Fresh Fruit		Fresh Fruit	Fresh Fruit



foodhouse

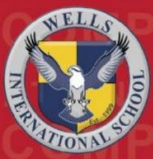
17th – 21st February 2025

Week...3...

Please be aware that items on this menu may change or be unavailable at certain times.



Day	Monday	Tuesday	Wednesday	Thursday	Friday
Food					
Morning Break	Cornflakes 	Spinach Stick 	White Sauce Chicken Pie 	Fresh Fruit	
Drink	Whole Milk 	Whole Milk 	Whole Milk 	Yoghurt 	
Thai 1	Sweet & Sour Chicken 	Stir Fried Pork with Red Curry Paste 	Hainanese Chicken Rice 	Stir Fried Pork with Curry Powder 	Thai Papaya Salad with Sticky Rice
Thai 2	Massaman Chicken 	Boiled Egg and Tofu Stew in Brown Soup 	Winter Melon with Minced Pork Soup 	Green Curry with Chicken 	Spicy Soup with Pork
International	Fish & Chips 	Chicken Inasal 	Stir Fried Pork with Teriyaki Sauce 	Fried Chicken with Hot Basil Sauce 	Roasted Chicken Spicy Salad
Vegetarian	Stir Fried Tofu with Teriyaki Sauce 	Stir Fried Tofu with Green Pepper 	Stir Fried Mixed Vegetable 	Stir Fried Glass Noodle with Vegetable 	Pad Thai with Tofu
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Gravy Noodle with Soft Pork 	Fish Ball Noodle 	Old Thai Style Dried Noodle 	Kao Soi Chicken 	
Salad Bar	Salad Bar 				
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



24th – 28th February 2025

Week.....4

Please be aware that items on this menu may change or be unavailable at certain times.



Day	Monday	Tuesday	Wednesday	Thursday	Friday
Food					
Morning Break	Ham Cheese S/W 	Chicken Ham Stick 	Pineapple Pie 	Fresh Fruit	Carrot Cake
Drink	Whole Milk 	Whole Milk 	Whole Milk 	Yoghurt 	Whole Milk
Thai 1	Stir Fried Chicken with Black Pepper 	Stir Fried Chicken Hot Basil and Thai Omelet 	Southern Stir Fried Pork with Yellow Curry Paste 	Fried Fish with Sweet & Sour Sauce 	Tonkatsu
Thai 2	Omelet Soup 	Red Curry Pumpkin with Chicken 	Thai Potato Soup with Chicken 	White Radish Soup with Minced Pork 	Miso Soup
International	Pork Steak with Mashed Potato 	Pasta Pesto with Chicken Ham 	Chicken Karaage 	Pork Stew 	Pork Japanese Curry with Scrambled Egg
Vegetarian	Tofu Nugget 	Stir Fried Broccoli with Mushroom 	Stir Fried cabbage with Shoyu 	Mixed Vegetable Stew 	Stir Fried Tofu with Garlic and Chili
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Yen Ta Fo Noodle 	Sukhothai Noodle 	Tom Yum Noodle 	Braised Pork Noodle 	Pork Ramen
Salad Bar	Salad Bar 				
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit