

04th – 08th November 2024

Week....1....

Please be aware that items on this menu may change or be unavailable at certain times.



Day	Monday	Tuesday	Wednesday	Thursday	Friday
Food					
Morning Break	Corn Salad Sandwich 	Egg Tart 	Chicken Tomato Pie 	Fresh Fruit	Banana Cake
Drink	Whole Milk 	Whole Milk 	Whole Milk 	Yoghurt 	Whole Milk
Thai 1	Steamed Chicken with Soya Sauce 	Stir Fried Pork with Black Pepper 	Stir Fried Chicken with Teriyaki Sauce 	Stir Fried Pork with Ginger 	Stir Fried Chicken with Sweet & Sour Sauce
Thai 2	Omelet Soup 	Clear Soup Minced Pork and Vermicelli 	Miso Soup 	Green Curry Chicken 	Chinese Cabbage Soup with Minced Pork
International	Pork Lasagna 	Chicken Pop 	Pork Steak with Mashed Potato 	Grilled Chicken BBQ 	Fish and Chips
Vegetarian	Stir Fried Morning Glory with Bean Paste 	Stir Fried Thai Zucchini with Tofu 	Tofu Nuggets 	Phad Se-ew with Vegetable 	Stir Fried Broccoli with Mushroom
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Yen Ta Fo Noodle 	Chicken Suki 	Roller Rice Noodle with Pork 	Silver Noodle with Chicken 	Yellow Noodle with Minced Pork
Salad Bar	Salad Bar 				
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



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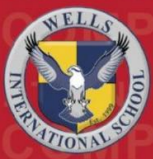
11th – 15th November 2024

Week...2...

Please be aware that items on this menu may change or be unavailable at certain times.



Day	Monday	Tuesday	Wednesday	Thursday	Friday
Food					
Morning Break	Caesar Chicken S/W 	Pork Shu Mai 	Chicken Ham Twist 	Fresh Fruit	Croissant Butter
Drink	Whole Milk 	Whole Milk 	Whole Milk 	Yoghurt 	Whole Milk
Thai 1	Fried Egg with Pork and Tomato Sauce 	Fried Chicken Salad (Yum Gai Zaab) 	Stir Fried Chicken with Kimchi 	Stir Fried Pork with Curry Powder 	Stir Fried Chicken with Spring Onion and Carrot
Thai 2	Red Curry Pumpkin with Chicken 	Chicken Soup with Potato and Tomato 	Miso Soup 	Winter Melon with Chicken Soup 	Tom Yum Pork Ball Creamy Soup
International	Grilled Chicken with Thai Spicy Dip 	Pasta Pesto with Chicken Ham 	Tonkatsu 	Chicken Steak with Lemon Cream Sauce 	Pork Steak with Mashed Potato
Vegetarian	Stir Fried Vermicelli with Vegetable 	Stir Fried Kale with Mushroom 	Stir Fried Mixed Mushroom 	Yasai Itame 	Stir Fried Mixed Vegetable
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Old Thai Style Dried Noodle 	Gravy Noodle with Soft Pork 	Tom Yum Pork Noodle 	Koi Soi Chicken 	Braised Pork Noodle
Salad Bar	Salad Bar 				
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



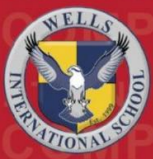
18th – 22nd November 2024

Week...3...

Please be aware that items on this menu may change or be unavailable at certain times.



Day	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Break	S/W Pizza Ham 	Steamed Pork Bun 	White Sauce Chicken Pie 	Fresh Fruit	Bread Pudding
Drink	Whole Milk 	Whole Milk 	Whole Milk 	Yoghurt 	Whole Milk
Thai 1	Fried Fish with Tamarind Sauce 	Stir Fried Pork with Hot Basil and Thai Omelet 	Stir Fried Pork with Red Curry Paste 	Hat Yai Fried Chicken 	Stir Fried Chicken with Shoyu
Thai 2	Mixed Vegetable Stew with Chicken 	Winter Melon Soup with Chicken 	Seaweed Pork Soup with Tofu 	Massaman Chicken with Roti 	Egg Drop Soup
International	Pork Bulgogi 	Steamed Chicken with Red Gravy Sauce 	Chicken New Orleans 	Roasted Pork with Rosemary and Gravy Sauce 	Pasta Pork Bolognese
Vegetarian	Stir Fried Sweet Pea with Cabbage 	Stir Fried Mushroom with Hot Basil 	Stir-fried Tofu with Green Pepper 	Yakisoba 	Stir Fried Pumpkin with Basil
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Fish Ball Noodle 	Braised Chicken Noodle with Biter Gourd 	Sukhothai Noodle 	Yen Ta Fo Noodle 	Pork Ramen
Salad Bar	Salad Bar 				
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



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25th – 29th November 2024

Week.....4

Please be aware that items on this menu may change or be unavailable at certain times.



Day	Monday	Tuesday	Wednesday	Thursday	Friday
Food					
Morning Break	Ham Cheese S/W 	Ham Salad with Cracker 	Banana Cake 	Fresh Fruit	Mini Chicken Burger
Drink	Whole Milk 	Whole Milk 	Whole Milk 	Yoghurt 	Whole Milk
Thai 1	Caramelized Pork 	Stir Fried Chicken with Ginger 	BBQ Pork Rice with Boiled Egg 	Chicken Bonchon 	Spicy Pork Salad (Laab Moo)
Thai 2	Chicken Coconut Soup (Tom Kha Kai) 	Sour Soup with Mixed Vegetable 	Winter Melon Soup with Chicken 	Minced Pork Soup with Bamboo 	Clear Soup with Minced Chicken and Vermicelli
International	Chicken Hawaiian 	Fried Fish Garlic 	Stir Fried Chicken with Teriyaki Sauce 	Pasta Cream Sauce with Chicken Ham 	Gilled Chicken with Black Pepper Sauce
Vegetarian	Stir Fried Cabbage 	Grilled Egg Plant Spicy Salad 	Tofu Teriyaki 	Stir fried Bean Sprout with Tofu 	Vegetable Spring Rolls
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Silver Noodle with Chicken 	Tom Yum Pork Noodle 	BBQ Pork Noodle 	Braised Chicken Noodle 	Minced Chicken Noodle
Salad Bar	Salad Bar 				
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit