

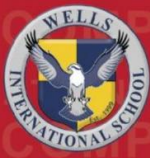
07th – 11st October 2024

Week....1....

Please be aware that items on this menu may change or be unavailable at certain times.



Day	Monday	Tuesday	Wednesday	Thursday	Friday
Food					
Morning Break	Carb Stick S/W 	Pork Shumai 	Pineapple Pie 	Fresh Fruit 	Banana Cake
Drink	Whole Milk 	Whole Milk 	Whole Milk 	Yoghurt 	Whole Milk
Thai 1	Stir Fried Pork with Hot Basil and Omelet 	Chicken Panang Curry 	Fried Chicken with Sweet Fish Sauce 	Steamed Minced Pork with Dry Pickled 	Papaya Salad with Sticky Rice
Thai 2	White Radish Soup with Chicken 	Seaweed Soup with Mince Pork 	Mushroom Cream Soup 	Thai Green Curry with Chicken 	Hot and Sour Soup with Pork
International	Roasted Chicken BBQ 	Pasta Cream Sauce with Ham and Mushroom 	Pork Steak Brown Sauce 	Fried Fish with Tartar Sauce 	Grilled Chicken with Thai Spicy Dip
Vegetarian	Stir Fried Bean Sprout with Tofu 	Mixed Vegetable Stir Fried 	Stir Fried Morning Glory 	Cabbage Stir Fried with Mushroom 	Phad Thai Tofu
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Tom Yum Noodle 	Yen Ta Fo Noodle 	Pork Ramen 	Pork Suki 	Chicken Noodle
Salad Bar	Salad Bar 				
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



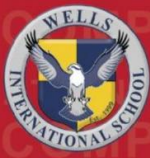
21st – 25th October 2024

Week...2...

Please be aware that items on this menu may change or be unavailable at certain times.



Day	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Break	Corn Flakes 	Steamed Pork Bun 		Fresh Fruit	Bacon Twist
Drink	Whole Milk 	Whole Milk 		Yoghurt 	Whole Milk
Thai 1	Stir Fried Chicken with Garlic 	Stir Fried Pork with Spring Onion and Carrot 		Fried Boiled Egg with Tamarin Sauce 	Spicy Pork Salad
Thai 2	Pork Thepo Curry 	Chinese Cabbage Soup with Soy Curd and Pork 		Tom Yum Creamy Pork Soup 	Chicken and Vegetable Stew
International	Pasta Pork Bolognese 	Fried Fish with Tartar Sauce 		BonChon Chicken 	Roasted Chicken with Rosemary
Vegetarian	Egg Plant Spicy Salad 	Baked Potato with Cheese 		Spicy Mushroom Salad 	Stir Fried Tofu with Green Pepper
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice		Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Braised Pork Noodle 	Old Thai Style Dried Noodle 		Koi Soi Chicken 	Yen Ta Fo Tom Yum Noodle
Salad Bar	Salad Bar 			Salad Bar 	
Fruit	Fresh Fruit	Fresh Fruit		Fresh Fruit	Fresh Fruit



28th October – 01st November 2024

Week...3...

Please be aware that items on this menu may change or be unavailable at certain times.



Day	Monday	Tuesday	Wednesday	Thursday	Friday
Food					
Morning Break	S/W Ham Cheese 	Sausage Pizza Bun 	Chicken Burger 	Fresh Fruit	Croissant Butter
Drink	Whole Milk 	Whole Milk 	Whole Milk 	Yoghurt 	Whole Milk
Thai 1	Fried Fish with Sweet and Chili Sauce 	Stir Fried Chicken with Ginger 	Chicken Rice 	Stir Fried Pork with Hot Basil and Omelet 	Caramelized Pork
Thai 2	Massaman Chicken 	Japanese Curry with Scrambled Egg 	Winter Melon Soup with Chicken 	Southern Sour Soup with Mix Vegetable 	Miso Soup
International	Pasta Pesto Sauce with Chicken Ham 	Tonkatsu 	Stir Fried Pork with Teriyaki Sauce 	Stir Chicken with Bell Pepper 	Stir Chicken with Kimchi
Vegetarian	Stir Fried Kale with Mushroom Sauce 	Mix Vegetable Stir Fried 	Tofu Teriyaki 	Stir Fried Bok Choy with Soy Pasted 	Stir Fried Vermicelli with Vegetable
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Gravy Noodle with Soft Pork 	Noodle Fish Ball 	Egg Noodle with Minced Pork 	Chicken Noodle with Bitter Gourd 	Ramen
Salad Bar	Salad Bar 				
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit