

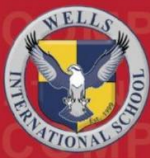
04th – 08th March 2024

Week....1....

Please be aware that items on this menu may change or be unavailable at certain times.



Day	Monday	Tuesday	Wednesday	Thursday	Friday
Food					
Morning Break	Shredded chicken S/W 	Fresh Fruit	Croissant Ham Cheese 	Fresh Fruit	Chicken Wrap
Drink	Whole Milk 	Yoghurt 	Whole Milk 	Yoghurt 	Whole Milk
Thai 1	Deep Fried Pork Ball 	Fried Fish with Sweet & Sour Sauce 	Stir Fried Chicken with Hot Basil 	Stir Fried Pork with Gallic & Pepper 	Chicken Katsu
Thai 2	Hot Sour Soup Vegetable with Thai Omelet 	Tom Kha with Chicken 	Clear Sour Chinese Cabbage with Pork 	Mixed Vegetable Stew with Chicken 	Miso Soup
International	Pasta Cream Mushroom with Chicken 	Pork Lasagna 	Roasted BBQ Pork with Mash Potato 	Pasta Olio Chicken 	Japanese Curry with Scrambled Egg
Vegetarian	Deep Fried Tofu with Tamarin Sauce 	Stir Fried Bean Sprout with Shiitake 	Stir Fried Mixed Vegetable 	Spicy Salad Mixed Mushroom 	Stir Fried Fat Noodle with Vegetable
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Shredded Chicken Noodle 	Fish Ball Noodle 	Kao Soi with Chicken 	Pork Suki 	Ramen
Salad Bar	Salad Bar 				
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



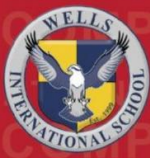
11th – 15th March 2024

Week...2...

Please be aware that items on this menu may change or be unavailable at certain times.



Day	Monday	Tuesday	Wednesday	Thursday	Friday
Food					
Morning Break	Croissant Butter 	Fresh Fruit	Sandwich Ham Cheese 	Fresh Fruit	Sausage Roll
Drink	Whole Milk 	Yoghurt 	Whole Milk 	Yoghurt 	Whole Milk
Thai 1	Deep Fried Dry Pork 	Deep Fried Chicken with Tamarin Sauce 	Steamed Chicken with Soya Sauce 	Stir Fried Minced Pork with Hot Basil + Omelet 	Hat Yai Fried Chicken
Thai 2	Clear Soup Minced Pork with Tofu 	Thai Yellow Curry with Chicken & Roti 	Winter Melon with Minced Pork 	Green Curry Chicken 	White Radish Soup with Minced Pork
International	Chicken Hawaiian 	Pasta Pork Bolognese 	Fish & Chips 	Mac N Cheese 	Pork Stew
Vegetarian	Crispy Tofu Salad 	Stir Fried Zucchini with Egg 	Phad Kee Mao with Mixed Vegetable 	Stir Fried Pumpkin with Egg 	Baked Cauliflower with Cheese
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Braised Pork Noodle 	Gravy Noodle with Soft Pork 	Tom Yum Noodle 	Yen Ta Fo Noodle 	Yellow Noodle with Minced Pork
Salad Bar	Salad Bar 				
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



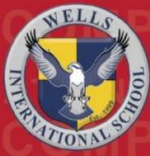
18th – 22nd March 2024

Week...3...

Please be aware that items on this menu may change or be unavailable at certain times.



Day	Monday	Tuesday	Wednesday	Thursday	Friday
Food					
Morning Break	Chinese Bun Minced Pork 	Fresh Fruit	Mini Pork Burger 	Fresh Fruit	Pineapple Pie
Drink	Whole Milk 	Yoghurt 	Whole Milk 	Yoghurt 	Whole Milk
Thai 1	Sweet & Sour Chicken 	Fried Pork with Garlic 	Hainanese Chicken Rice 	Caramelized Pork 	Tonkatsu
Thai 2	Clear Soup with Seaweed and Tofu 	Massaman Chicken and Tofu Soup 	Winter Melon with Minced Pork Soup 	Minced Pork with Shiitake Bamboo Soup 	Miso Soup
International	Pork Lasagna 	Hamburg Steak with Croquette 	Roasted Pork Teriyaki 	Grilled Chicken Breast with Lemon & Thyme 	Pasta Cream Ham and Mushroom
Vegetarian	Stir Fried Chinese Kale With Shiitake 	Stir Fried Tofu with Green Pepper 	Phad Se-ew with Vegetable 	Mixed Mushroom Spicy Salad 	Yakisoba
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Gravy Noodle with Soft Pork 	Noodle Fish Ball 	Yellow Noodle with Minced Pork 	Kao Soi with Chicken 	Ramen
Salad Bar	Salad Bar 				
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit



25th – 29th March 2024

Week...4...

Please be aware that items on this menu may change or be unavailable at certain times.



Day	Monday	Tuesday	Wednesday	Thursday	Friday
Food					
Morning Break	Sandwich Ham Cheese 	Fresh Fruit	Banana Cup Cake 	Fresh Fruit	Chicken Pie
Drink	Whole Milk 	Yoghurt 	Whole Milk 	Yoghurt 	Whole Milk
Thai 1	Deep Fried Chicken with Tamarin Sauce 	Steamed Minced Pork with Dry Pickled 	Stir Fried Pork with Ginger 	Stir Fried Minced Pork with Hot Basil and Thai Omelet 	Thai Papaya Salad with Sticky Rice
Thai 2	Omelet Soup 	Red Curry Pumpkin with Chicken 	Clear Soup with Tofu and Minced Pork 	White Radish with Minced Pork 	Spicy Clear Soup with Minced Pork
International	Pork Steak with Mash Potato 	Grilled Chicken BBQ with Sauteed Potato 	Chicken Pop 	Pasta Olio Chicken 	Roasted Chicken
Vegetarian	Ankake Tofu with Mushroom Sauce 	Pasta with Pesto Sauce 	Japanese Curry with Tofu 	Stir Fried Bean Sprout with Shiitake 	Pasta Phad Kee Mao with Vegetable
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Yen Ta Fo Noodle 	Sukhothai Noodle 	Tom Yum Noodle 	Braised Pork Noodle 	Silver needle Noodle with Minced Pork
Salad Bar	Salad Bar 				
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit