



08<sup>th</sup> – 12<sup>th</sup> January 2024

Week....1....

Please be aware that items on this menu may change or be unavailable at certain times.



Day	Monday	Tuesday	Wednesday	Thursday	Friday
Food					
Morning Break	Granola 	Fresh Fruit	Carrot Cake 	Fresh Fruit	Croissant Butter 
Drink	Whole Milk 	Yoghurt 	Whole Milk 	Yoghurt 	Whole Milk 
Thai 1	Sticky Gravy Tofu with Minced Pork 	Deep Fried Pork Cake 	Pork Bulgogi 	BBQ Pork Rice with Boiled Egg 	Pork Japanese Curry with Scrambled Egg 
Thai 2	Clear Soup Minced Pork Mixed with Vermicelli 	Green Curry Chicken 	Tofu Soup Japanese Style 	Winter Melon with Chicken Soup 	Minced Pork Shiitake Bamboo Mushroom 
International	Roasted Chicken Apple Sauce, Potato Wedges 	Mac n Cheese with Ham 	Chicken Steak with Mash Potato 	Pasta Cream Mushroom with Ham 	Chicken Burger 
Vegetarian	Stir Fried Longevity Noodle with Vegetable 	Stir Fried Broccoli with Oyster Sauce 	Phad Thai Tofu 	Yasai Itame Japanese Style 	Baked Vermicelli with Tofu 
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Tom Yum Noodle 	Roller Rice Noodle with Pork 	Kao Soi with Chicken 	Yellow Noodle with BBQ Pork 	Niku Udon 
Salad Bar	Salad Bar 				
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit & Special	Fresh Fruit	Fresh Fruit & Special



























































15<sup>th</sup> – 19<sup>th</sup> January 2024

Week...2...

Please be aware that items on this menu may change or be unavailable at certain times.



Day	Monday	Tuesday	Wednesday	Thursday	Friday
Food					
Morning Break	Sandwich Ham Cheese   	Fresh Fruit	Banana Cup Cake  	Fresh Fruit	Chicken Pie   
Drink	Whole Milk 	Yoghurt 	Whole Milk 	Yoghurt 	Whole Milk 
Thai 1	Deep Fried Chicken with Tamarin Sauce  	Steamed Minced Pork with Dry Pickled  	Stir Fried Pork with Ginger 	Stir Fried Minced Pork with Hot Basil and Thai Omelet   	Thai Papaya Salad with Sticky Rice  
Thai 2	Omelet Soup 	Red Curry Pumkin with Chicken   	Clear Soup with Tofu and Minced Pork  	White Radish with Minced Pork 	Spicy Clear Soup with Minced Pork  
International	Pork Steak with Mash Potato   	Grilled Chicken BBQ with Sauteed Potato  	Chicken Pop  	Pasta Olio Chicken   	Roasted Chicken 
Vegetarian	Ankake Tofu with Mushroom Sauce 	Pasta with Pesto Sauce and Tofu Soup 	Japanese Curry with Tofu 	Stir Fried Bean Sprout with Shiitake 	Pasta Phad Kee Mao with Vegetable 
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Yen Ta Fo Noodle  	Sukhothai Noodle   	Tom Yum Noodle   	Braised Pork Noodle  	Silver needle Noodle with Minced Pork  
Salad Bar	Salad Bar     				
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit & Special	Fresh Fruit	Fresh Fruit & Special




































22<sup>nd</sup> – 26<sup>th</sup> January 2023

Week...3...

Please be aware that items on this menu may change or be unavailable at certain times.



Day	Monday	Tuesday	Wednesday	Thursday	Friday
Food					
Morning Break	Chinese Bun Minced Pork  	Fresh Fruit	Mini Pork Burger  	Fresh Fruit	Pineapple Pie   
Drink	Whole Milk 	Yoghurt 	Whole Milk 	Yoghurt 	Whole Milk 
Thai 1	Sweet & Sour Chicken 	Fried Pork with Garlic 	Hainanese Chicken Rice  	Caramelized Pork 	Tonkatsu  
Thai 2	Clear Soup with Seaweed and Tofu  	Massaman Chicken with Roti   	Winter Melon with Minced Pork Soup 	Minced Pork with Shiitake Bamboo Soup 	Miso Soup  
International	Pork Lasagna  	Hamburg Steak with Croquette   	Roasted Pork Teriyaki  	Grilled Chicken Breast with Lemon & Thyme  	Pasta Cream Ham and Mushroom   
Vegetarian	Stir Fried Chinese Kale With Shiitake 	Stir Fried Tofu with Green Pepper 	Phad Se-ew with Vegetable 	Mixed Mushroom Spicy Salad 	Yakisoba 
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Gravy Noodle with Soft Pork   	Noodle Fish Ball  	Yellow Noodle with Minced Pork   	Kao Soi with Chicken   	Ramen  
Salad Bar	Salad Bar     				
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit & Special	Fresh Fruit	Fresh Fruit & Special


















29<sup>th</sup> January – 02<sup>nd</sup> February 2024

Week....4....

Please be aware that items on this menu may change or be unavailable at certain times.



Day	Monday	Tuesday	Wednesday	Thursday	Friday
Food					
Morning Break	Minced Pork Shumai  	Fresh Fruit	Chicken Wrap  	Fresh Fruit	Egg Tart   
Drink	Whole Milk 	Yoghurt 	Whole Milk 	Yoghurt 	Whole Milk 
Thai 1	Stir Fried Pork with with Hot Basil and Thai Omelet   	Stir Fried pork with Curry Powder 	Deep Fried Chicken with Garlic Sauce   	Steamed Chicken with Soya Sauce 	Stir fired pork with Garlic 
Thai 2	Tom Kha Gai and Tofu Soup  	Winter Melon Soup with Chicken 	Minced Pork with Shiitake Bamboo Soup 	Pork & Boiled Egg with Brown Soup  	Tom Yum Pork Ball  
International	Chicken Pop  	Chicken New Orleans  	Pork Steak with Mushroom Sauce  	Fish and Chips  	Pasta Pork Bolognese  
Vegetarian	Ankake Tofu with with Mushroom Sauce 	Tofu Teriyaki Sauce 	Stir Fried Vermicelli with Vegetable 	Stir Fried Sweet & Sour Protein 	Stir Fried Protein with Herb Paste 
Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice	Steamed Rice Riceberry Rice
Noodle	Sukhothai Noodle   	Shredded Chicken Noodle  	Yen Ta Fo Noodle  	Yellow Noodle with Minced Pork   	Pork Suki   
Salad Bar	Salad Bar     				
Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit & Special	Fresh Fruit	Fresh Fruit & Special