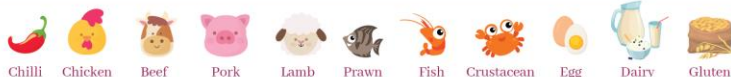


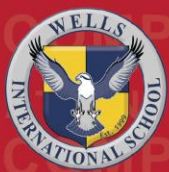
Lunch Menu

Week...1.....

Please be aware that items on this menu may change or be unavailable at certain times.



Day	Monday 09 Jan' 2023	Tuesday 10 Jan' 2023	Wednesday 11 Jan' 2023	Thursday 12 Jan' 2023	Friday 13 Jan' 2023
Food					
Morning Break	Seasonal Fruit 	Fruit Tart	Seasonal Fruit 	Sandwich Ham&Cheese	Sandwich with Fruit Jam Spread
Drink	Whole Milk 	Whole Milk 	Whole Milk 	Whole Milk 	Whole Milk 
Thai 1	Minced Spicy Chicken 	Stir Fried Chicken with Ginger 	Deep Fried Chicken with Garlic 	Stir Frieds Fish with Celery 	Stir Fried Pork with Bell papper BBQ 
Thai 2	Cabbage Soup with Pork and Tofu 	Bamboo Soup with pork 	Clear glass noodle soup with Minced Pork 	Chinese Vegetable Stew with Pork 	Miso Soup
International	Deep-fried Chicken with Honey Mustard Sauce 	Pork Stewed 	Stir Frieds Pork with Kimji 	Amarican Fried Rice 	Chinese Styled Sweet & Sour Chicken 
Vegetarian	Takikomi Gohan 	Stri-fried Korean Glass Noodle 	Japanese Fried Rice 	Vegetable Curry with Naan 	Garlic Fried Rice 
Rice	Steamed rice Rice berry 	Steamed rice Rice berry 	Steamed rice Rice berry 	Steamed rice Rice berry 	Steamed rice Rice berry 
Noodle	Pork Tom-yum noodle 	Fish noodle soup with red sauce 	Chicken Nooodle Soup 	Pork ball noodle soup 	Egg noodle soup w/ Roast pork 
Salad Bar	Salad Bar 	Salad Bar 	Salad Bar 	Salad Bar 	Salad Bar 
Fruit	Seasonal Fruit 	Seasonal Fruit 	Seasonal Fruit 	Seasonal Fruit 	Seasonal Fruit 



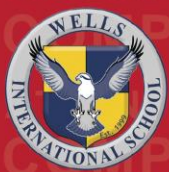
Lunch Menu

Week.....**2**

Please be aware that items on this menu may change or be unavailable at certain times.



Day	Monday 16 Jan'2023	Tuesday 17 Jan'2023	Wednesday 18 Jan'2023	Thursday 19 Jan'2023	Friday 20 Jan'2023
Food					
Morning Break	Seasonal Fruit 	Pie with Pineapple	Seasonal Fruit 	Banana Cake	Sandwich Cheese
Drink	Whole Milk 	Whole Milk 	Whole Milk 	Whole Milk 	Whole Milk 
Thai 1	Stir Fried Chicken with Curry 	Stir Fried Vermicelli with Minced Pork 	Grilled Chicken Salad 	Deep Fried Fish with Fish Sauce 	Stir Fried Mixed Vegetable with Pork 
Thai 2	Winter Melon Soup with Minced Pork 	Green Curry with Chicken 	Chicken Tom Yum (Clear Soup) 	Cabbage Soup with Minced Chicken 	Clear Soup with Tofu and Minced Chicker 
International	Fettucini with Cream Mushroom Italian Sausage	Chicken Nanbann 	Pasta Bolognese Minced Pork 	Tok Pok Ki with Pork / Sausage 	Stir Fried Chicken with Miso Sauce 
Vegetarian	Tofu Teriyaki 	Stir Fried Cucumber with Egg 	Tofu with Sticky Gravy Sauce 	Stir Fried Broccoli with Carrot 	Whole Grain Fried Rice 
Rice	Steamed rice Rice berry 	Steamed rice Rice berry 	Steamed rice Rice berry 	Steamed rice Rice berry 	Steamed rice Rice berry 
Noodle	Pork noodle 	Fish Ball Noodle 	Pink seafood flat noodles	Chicken noodle 	Chicken Tom-yum noodle 
Salad Bar	Salad Bar 	Salad Bar 	Salad Bar 	Salad Bar 	Salad Bar 
Fruit	Seasonal Fruit 	Seasonal Fruit 	Seasonal Fruit 	Seasonal Fruit 	Seasonal Fruit 



Lunch Menu

Week.....**3**

Please be aware that items on this menu may change or be unavailable at certain times.



Chilli



Chicken



Beef



Pork



Lamb



Prawn



Fish



Crustacean



Egg

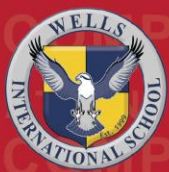


Dairy



Gluten

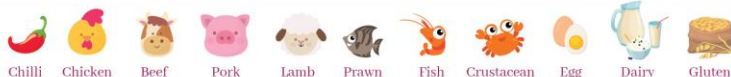
Day	Monday	Tuesday	Wednesday 25 Jan'2023	Thursday 26 Jan'2023	Friday 27 Jan'2023
Food					
Morning Break			Seasonal Fruit 	Banana Cake	Cornflakes
Drink			Whole Milk 	Whole Milk 	Whole Milk 
Thai 1			Grilled Chicken with Thai Spicy Sauce 	Steamed Fish with Lime and Chillies 	Deep-Fried Chicken Rice 
Thai 2			Thai pork curry with morning glory 	Pork Ball soup with Vermicelli 	Potato Chicken Soup 
International			Chicken macaroni with tomato sauce 	Stir Fried Pork with korea Sauce 	Pesto Spaghetti And Fried potato
Vegetarian			Yasai Itame 	Jab Chae 	Yakisoba 
Rice			Steamed rice Rice berry 	Steamed rice Rice berry 	Steamed rice Rice berry 
Noodle			Tom yum Chicken noodle 	Fish noodle with red sauce 	Egg noodle soup w/ Roast pork 
Salad Bar			Salad Bar 	Salad Bar 	Salad Bar 
Fruit			Seasonal Fruit 	Seasonal Fruit 	Seasonal Fruit 



Lunch Menu

Week.....**4**.....

Please be aware that items on this menu may change or be unavailable at certain times.



Day	Monday 30 Jan'2023	Tuesday 31 Jan'2023	Wednesday	Thursday	Friday
Food					
Morning Break	Seasonal Fruit	Eggs Tart			
Drink	Whole Milk	Whole Milk	Whole Milk	Whole Milk	Whole Milk
Thai 1	Stir Fried Cabbage with Vermicelli and Chicker	Spicy minced pork salad			
Thai 2	Chicken Tom-Yam with Grey oyster mushroom	Thai green curry with fish ball			
International	New Orleans Chicken	Spaghetti Pink Sauce			
Vegetarian	Stir Fried Tofu with Sweet and Sour Sauce	Stir Fried Asparagus with Tofu			
Rice	Steamed rice Rice berry	Steamed rice Rice berry	Steamed rice Rice berry	Steamed rice Rice berry	Steamed rice Rice berry
Noodle	Chicken stew noodle	Pork Noodle Soup			
Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit